

Emergency Savings Worksheet

Monthly mortgage / rent & housing: \$ x 6 months = \$

Monthly utilities, cable, & phone: \$ x 6 months = \$

Monthly food & groceries: \$ x 6 months = \$

Monthly insurances (car, health, etc.): \$ x 6 months = \$

Monthly loan repayment(s) (student, car, etc.): \$ x 6 months = \$

Monthly day-to-day spending: \$ x 6 months = \$

Monthly transportation expenses (all): \$ x 6 months = \$

Other recurring monthly expenses: \$ x 6 months = \$

Total needed for a 6-month Emergency Fund: \$

Total Emergency Fund currently saved: \$

Desired total of months of saving to reach your goal:

Amount needed to be saved each month to reach your goal: \$